



# SACRED WOMB AWAKENING PRACTITIONER - AUSTRALIA

12 Month Professional Training Course and Certification

*with*

*Diana Beaulieu*

Womb Awakening Mentor  
Modern Medicine Woman

[www.sacredwomanawakening.com](http://www.sacredwomanawakening.com)

**Curriculum dates and details for 2019-2020**



## MODULE 1: 8-15 JULY 2019 (35 hours)

*Sacred Womb Awakening Practitioner Level 1*  
**7 day in-person training in Govinda Valley Retreat Centre**  
**(near Sydney)**

*7 days of intensive in-person training with Diana Beaulieu in the peaceful and luxurious surroundings of a beautiful rustic retreat centre with forest views.*

This beautiful part of Australia's coastline is full of magical forest, rugged coastlines, and the spectacular figure of 8 pools.

With a maximum of 14 women in the group, you will enjoy high levels of individualised teaching and intuitive support.



## *Level 1, Part One: Leadership and Facilitation*

**Facilitate deep transformation in your clients through authentic leadership and facilitation skills.**

Stepping Into Surrendered Feminine Leadership And Service

Embodying Empowered Vulnerability And Authenticity

Teaching Through Transmission And Example - Being What You Teach

Setting Sacred Boundaries Of Self-Responsibility And Self-Care

### *Facilitation Skills:*

Creating The Sacred Intention For Womens Circles And Learning Groups

Establishing The Personal Power, Responsibility And Sovereignty Of Each Participant

Creating A Safe Physical, Emotional And Energetic Container For Womb Awakening

Creating And Sharing Guidelines For Safe Sharing And Listening

Guiding Participants Into Sacred Inner Intention

Guiding Intuitive And Shamanic Journeys

## *Personal And Professional Boundaries:*

Defying The Limitations And Parameters Of Women's Circles And Group Work

Distinguishing Group Work From Therapy

Setting And Maintaining Group Boundaries With Love And Respect

## *Creating Sacred Space:*

Creating A Safe And Healing Space For Women's Circles And Groups

Co-Creating Healing Space With The Energy Of Mother Earth

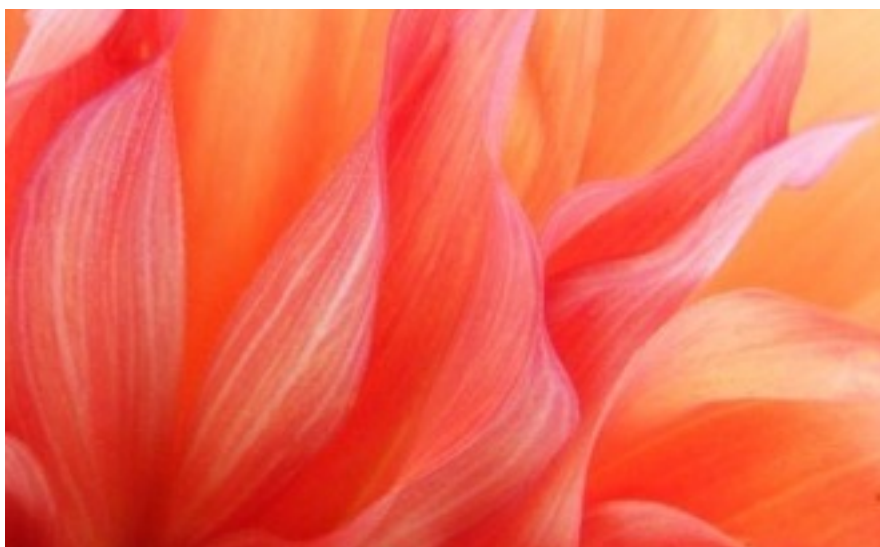
Space Clearing And Protection

Altar Creation

## *Use Of Sacred Objects:*

Use Of Sacred Ceremonial, Teaching And Healing Tools Including:

Talking Stick, Smudge, Essential Oils, Frequency Holder Crystals, Altar, Drum, Rattles





## *Level 1, Part Two: Sacred Womb Awakening Practices*

**Learn The Fundamental Practices Of Womb Awakening & Healing. These Include Advanced Quantum Self Healing Techniques, Ancient Intuitive Practices, And Movement, Voice & Breath Work.**

### *Physical Connection To The Womb*

Breath Techniques For Nourishing And Activating The Womb  
Dissolving Bioenergetic Blocks Through Breath, Movement And Awareness

### *Quantum Energy Techniques To Awaken And Heal The Womb*

Womb Activation

Womb Healing From Sexual Trauma And Wounding  
Clearing Toxic Emotions Including Shame, Guilt And Fear  
Clearing Womb Grief From Abortions And Miscarriages  
Activating The Black Light In The Womb  
Black Light Immersion For Feminine Healing

### *Collective And Multi-Generational Womb Healing*

Clearing Distorted Masculine Imprints From The Womb  
Ancestral Healing Through The Mother Line  
Ancestral Healing Through The Father Line



## *Reclaiming The Sacred Temple Of The Womb*

Creating Sacred Womb Boundaries

Defining Healthy Sexual And Personal Boundaries Through Womb Energy

Dissolving And Releasing Wounded Energetic Patterns:

Victimhood, Vampirism And Co-Dependency

## *Guiding Intuitive Womb Journeys Including:*

- The Inner Sacred Woman Or Wise Woman
  - Union With The Divine Lover
  - The Animal Guide
- Dissolving Into The Black Light - The Journey Of Innana
  - The Fountain Of Sacred Creation

## *Sacred Womb Practices Including:*

Reconnecting To The Mother Earth Through The Womb

Physically, Emotional And Energetic Integration With The Earth

Connecting The Heart And Womb Centres

## *Sacred Feminine Dance/ Movement*

Primal Womb Dance

Basic Restorative Yoga For The Womb And Pelvis

## *Liberating The Sounds Of The Womb*

Sacred Feminine Medicine Songs

Womb Voice Rituals



## Module 2: September 2019 (9 Hours)

### *Sacred Womb Awakening Practitioner Level 2*

#### **3 Online Group Classes**

**Integrate The Live Training With Individualised Support**

**Deepen Into The Cultural And Theoretical Aspects Of Womb Awakening Along With Important Legal And Liability Aspects Of Facilitating The Work.**

*Welcome Into The Online Training Component*

*The Womb as a magical centre of consciousness*

The Womb As The Primary Feminine Centre Of Consciousness

The Womb As Our Portal To The Earth And The Cosmos

Overview of the Menstrual Cycle as a Spiritual Journey

The Three Feminine Archetypes: Maiden, Mother and Crone

## *Anatomy and Physiology*

The Importance Of The Womb And Pelvis As Our Foundation Of Physical, Creative,  
Sexual And Spiritual Power

General And Reproductive Anatomy And Physiology

Overview Of The Menstrual Cycle

Overview Of The Fertility Cycle (Menarche To Menopause)

Common Health Conditions Affecting The Womb

## *Sexual Abuse And Sexual Crimes*

Specific Ways To Work With Sexual Abuse

Ethics & Legal Implications Of Working With Victims Of Sexual Crimes

## *Limitations And Liability In Womb Awakening Work*

Screening Potential Womb Awakening Clients & Students

Clearly Setting The Limitations Of Your Work And Your Role

Referral Or Recommendation To Other Healing Professionals

When Womb Awakening Work Is Not Suitable For A Client / Student

Psychological Factors

Emotional Factors

Health Factors





## Module 3: (12 Hours) October 2019

# *Business And Marketing Coaching*

## **4 Online Group Coaching Sessions**

**The Purpose Of This Module Is To Empower You Market And Deliver Womb Awakening Programs In A Variety Of Formats - And To Create A Trainee Practitioner Offering To Practice And Earn As You Train**

### *Finding Your Ideal Womb Awakening Teaching Format*

Practical And Professional Considerations When Choosing Your Teaching Format

Recommended In-Person Formats For Teaching Womb Awakening (Courses And Retreats)

Pros And Cons Of Intensive Vs Weekly Courses

Online Course Formats & Tools For Online Teaching

Pros And Cons Of In Person And Online Teaching

How To Define The Ideal Group Size For Your Work

Offering Womb Awakening As A 1-1 Course

## *Pricing Your Offerings*

Price Guidelines For Womb Awakening Program Formats

Price Guidelines For Your Trainee Practitioner Offering

## *Marketing Your Womb Awakening Practice*

Defining The Key Benefits Of Womb Awakening Work (Full Marketing Templates Provided)

Publicising Your Womb Awakening Programs Online (Full Marketing Templates Provided)

Using Social Media To Fill Your Courses (Full Social Media Templates Provided)

The Power Of Testimonials

Defining Your Ideal Students And Clients

Where To Find And Attract Clients

## *Ethics Of Marketing*

Making Authentic And Realistic Claims About Womb Awakening Work

What Womb Awakening Work Should Never Be Claimed To Do

## *Inner Abundance And Client Attraction Coaching*

Working Through Wealth Blocks And Embracing Abundance

Attracting Clients And Investment Through Your Feminine Energy

## **Create A Trainee Practitioner Offering**

### **Generate Practical Experience And Earnings As You Train (Required)**

Launch And Market Your First Womb Awakening Program As A Trainee Practitioner

Pay Towards Your Training Fees With Trainee Teacher Work From November 2018



**Module 4 (32 Hours) - November 2019 - March 2020**

*Sacred Womb Awakening Practitioner Level 3*

**11 Online Group Training & Mentoring Sessions**

On-going and *individualised* mentoring and advanced facilitation support as you create and deliver your first trainee practitioner program(s). Please note that it is **REQUIRED** that you manifest a teaching practice during the 12 month program.

*Level 3, Part One: Advanced Practitioner Training*

*Advanced Facilitation Training & Leadership Mentoring*

Adapting Your Teaching To Different Learning Styles

Holding Safe Space For Shadow Work, Trauma And Catharsis

Challenging Victimised Perspectives And Dissolving The Inner Victim

Pre-Empting And Disarming Projection, Resistance And Judgement

Challenging Disassociation And Avoidance In Clients

Intuitive Skills: Deep Listening And Laser Sharp Feedback

## *Healing Reactions And How To Manage Them*

How To Manage Healing Crises Within A Group Context And With 1-1 Clients

Possible Effects And Outcomes Of Doing Womb Work Including:

Healing Crises

Catharsis

Trauma Memory Release

Kundalini Awakening

## *Integrate Womb Awakening With Existing Modalities And Practices*

Integrate Womb Awakening Into Your Existing 1-1 Therapeutic Practice

Integrate Womb Awakening Into Your Existing Movement Practice (Where Applicable)

## *Individualised Mentoring: Your Unique Teaching Style And Format*

Integrate Womb Awakening Work Into Your Current Practice

Bring Your Unique Gifts And Skills To Womb Awakening Work

Defining Your Specialist Area Of Womb Practice

## *Individualised Mentoring: Facilitation & Leadership Support*

Real Life Practitioner Challenges: On-Going Mentoring And Support



## *Level 3, Part Two: Your Personal Womb Journey*

**You Will Enjoy An Unparalleled Level Of Individualised Mentoring For Your Unique Womb And Feminine Healing Journey Within The Confidential Space Of Your Online Training Group.**

### *Revisit Core Womb Awakening Practices*

Deepening Integration And Practice Of The Core Womb Practices Taught In Level 1

### *Individualised Mentoring: Your Personal Womb Journey*

Learn And Integrate Advanced Practices For Your Individual Healing Journey

1-1 Feedback And Intuitive Mentoring For Your Unique Shadow And Wounds

### *Personal Journeywork And Womb Awakening Integration*

Integrating The Womb Awakening Process Physically And Emotionally

Journal Your Individual Journey Through Womb Awakening And Healing

Overcome Personal Obstacles And Challenges In The Journey To Sacred Feminine Power





## **Module 5: (12 Hours) April - May 2020**

### *Assessment, Feedback And Certification*

#### **4 Online Assessment Calls**

**The Purpose Of This Module Is To Ensure That Your Practitioner And Facilitation Skills Have Reached The High Standards Required For You To Become A Certified Sacred Woman & Womb Awakening Practitioner - And To Give You Individualised Support In Honing Your Unique Teaching Style**

Live Individualised Practitioner Evaluation And Teaching Assessments

Detailed Feedback On Teaching And Practitioner Style

Recommendations For Further Study And Practice

**Certification  
Online Ending Ceremony**





Module 6: (25 Hours) Nov 2019 - Mar 2020

## MEDICINE WOMAN: PHOENIX RISING

8 Online Group Coaching Sessions

*Healing Medicine Woman shadow from this and other lives*

Releasing traumas of judgement and punishment

Releasing multi-lifetime traumas and patterns

Releasing ancestral medicine woman trauma

*Healing blocks around core healing and intuitive gifts*

Soul and power retrieval

Reintegrating lost and forgotten medicine woman gifts

*Addressing energetic boundary and energy loss issues*

Healing entanglement, boundary violation, energy drain

Addressing and clearing toxic relationships

*Identifying your unique gifts and purpose*

Soul readings and individualised guidance

Deepening into you as a unique practitioner

*Stepping up in visibility, power and confidence*

Abundance and confidence coaching

Valuing your offerings, gifts and time



## **YOUR COURSE INVESTMENT INCLUDES:**

**7 DAYS (35 HOURS): RESIDENTIAL IN-PERSON TRAINING IN LUXURY RETREAT CENTRE NEAR SYDNEY** (ACCOMMODATION, AND FULL CATERING PROVIDED)

**12 MONTHS (65 HOURS) : ONLINE PRACTITIONER TRAINING**  
INDIVIDUALISED COACHING & MENTORING

**5 MONTHS (25 HOURS): MEDICINE WOMAN: PHOENIX RISING**  
INDIVIDUALISED GROUP COACHING

**FULL TEACHER TRAINING NOTES**  
FULL COURSE MANUAL FOR STUDENTS  
MARKETING MATERIALS AND SUPPORT

**YOUR INVESTMENT: €8,888 SINGLE PAYMENT\***  
OR €4,444 FOLLOWED BY 12 MONTHLY PAYMENTS OF €399  
OR €2,222 FOLLOWED BY 12 MONTHLY PAYMENTS OF €599

\*INDIVIDUALISED DISCOUNTS APPLY TO GRADUATES OF PREVIOUS SACRED WOMAN AWAKENING PROFESSIONAL PROGRAMS. PLEASE ASK FOR DETAILS.

\*INDIVIDUAL FINANCING PLANS CAN BE ARRANGED. PLEASE ENQUIRE.

## **MORE INFORMATION:**

<https://www.sacredwomanawakening.com/1-year-practitioner-australia>

## **APPLY NOW:**

<https://www.sacredwomanawakening.com/practitioner-application>

## **ANY QUESTIONS?**

Please email Diana directly at:

[info@sacredwomancoaching.com](mailto:info@sacredwomancoaching.com)

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