

## FAQ's

#### Is this a certified training?

Yes. Sacred Womb Awakening has been registered as an official modality with the International Institute of Complementary Therapies (<a href="www.iict.co.uk">www.iict.co.uk</a>) and as a Platinum Provider I am committed to providing the highest standards of training and coaching to you.

However this is a PRIVATE training and cannot be homologated with a public, university or college program education program or system in any country.

#### Can I get professional insurance to offer this work?

You will be able to get Professional Public Liability insurance both as a student and practitioner through <a href="www.iict.co.uk">www.iict.co.uk</a> so that you are fully covered as you train. In the event that the IICT does not cover your country or region, we will support you to find local providers.

Why is this a two year training? I'm seeing a lot of Womb practitioner trainings that offer certification after a week or two retreat or in-person training.

There are two major reasons why I choose to teach this work over a two year period rather than in a short retreat container.

#### 1) Your personal development

Sacred Woman Awakening is a profound path of personal development. It requires you to do deep inner work work and become aware of your own energetic and personal/ emotional patterns and transform these through advanced energy work.

As you train, you become an embodiment of the work itself, i.e. someone who lives by example and has successfully navigated their own trauma, shadow and patterning. That way you can be of greatest assistance to your clients through your own authentic journey.

While you can learn to facilitate any practice or technique over the course of days, there is no substitute for taking the time to actually process the impact and effect of the practice. This is what I will support you to do over the two year period.

#### 2) Your facilitator skill building

Learning new spiritual practices, ceremonies or rituals in a one-off retreat is a beautiful experience.

However, it takes time, practice and support is to develop the experience and confidence to facilitate and lead these practices effectively as your your clients to face and transform the trauma, shadow, emotions and patterns that are revealed through Womb work.

As you train, you will receive in-depth coaching as you learn to facilitate 1-1, lead circles, and accompany your clients effectively as they move through this body of work.

You will learn many aspects of facilitation including grounding, boundaries, self-responsibility, and more, that are invaluable aspects of this training. This is an invaluable and expandable skillset that you can take into all other aspects of your holistic practice.

#### How is the two year training structured?

**Year 1** is oriented at your own personal healing and development while learning the core Womb Awakening practices at facilitator, with regular practice session as you lead the work 1-1 with your class colleagues.

**Year 2** is oriented at getting the work out into the world, delivering your trainee offering which is a group 13-week Sacred Womb Awakening program, growing a business model for your work as a foundation or addition to your holistic business.

#### What is the investment for this training?

Your have three ways to invest in this two year training:

- 1) A one-off payment of €9,999.00
- 2) Two annual payments of €5,222
- 3) An initial payment of €2,088.00 followed by 21 monthly payments of €399.00

#### Are there any alternative payment plans?

We can discuss an alternative payment plan that will meet your needs, but please be aware that you will be required to pay your investment within the two year training period.

#### Do you offer scholarships or discounts?

No, I don't currently offer these as I work with very small intimate groups and give high levels of personal and individualised support over the course of the training.

I work with individuals and practitioners who wish to make a high level investment in their personal and professional growth, create or evolve their business, and view this as a valuable investment that they are confident they will get a return from.

# Do I already need to have done Womb Awakening work at a personal level before embarking on the practitioner training?

Yes. It's important to have worked personally with me or one of my qualified practitioners or done my **8 week online course** as a way for you to understand the approach, theory, energetics and power of this body of work before committing to the two year training.

There are many versions of Womb Work with different energetic and spiritual aspects, so doing this course will help you identify whether this path works for you and you resonate with it.

Access the course here: https://www.sacredwomanawakening.com/wombawakening-online.

#### NO RISK GUARANTEE TO YOU:

If you take the course and it does not resonate with you, you have a guaranteed hasslefree money back period.

If you do proceed to Practitioner level, the cost of the online course will be deducted from your training fee.

### Is there an in-person component to the training?

YES! We are now offering a 5 day intensive training in Ibiza, Spain (Dates TBC until posted on website). This is an OPTIONAL extra, meaning that if logistically you can't make the training you can get the live recording.

Accommodation and travel will not be included - this will be a daytime only in-person course.

#### What is the estimated weekly time commitment for the work?

You will attend a 2-3 hour (depending on the size of the group) weekly meeting on Zoom. You will be required to attend 80% of the group calls lives so it's important you are consistent with your attendance.

You will also be doing 1-2 hours per week of personal practice, reading, and preparation for your calls.

The intensity of your homework gets greater once you begin your trainee offering in Year 2 or are preparing for assessment at the end of the course.

#### What time / day are our weekly calls?

We will have a regular weekly call time once a week (and sometimes once every two weeks depending on the phase of your training.

We only determine this call time once a group has formed. as it depends on the time zones and availability of the group. We will do our best to ensure that the weekly time suits all the participants. Our teaching happens in the CET (Europe) time zone, which is 6 hours ahead of Eastern Time and 9 hours ahead of Pacific Time, then 6 hours behind Perth time and 8 hours behind Melbourne time - so calls will generally be **afternoon time in Europe, morning time in the Americas and evening time across Australia.** 

#### What are the holiday periods?

We will have 3 holidays each year, at Christmas, Easter and in August. I offer generous 3-5 week holiday periods so that you can have rest and integration periods as the course progresses.

#### How many people will I train with?

Your training group is likely to be composed of 8-10 women with whom you will share this 2 year practitioner training.

#### How are the calls structured?

The training calls are held as a women's circle, meaning that during each call you will have a space to share on a personal level, receive teachings / training, and also share in pairs or small break out groups before we begin the teaching segment of our call.

We will sometimes have practice calls in which you will be facilitating 1-1 or with a small sub-group of your class in a breakout room before returning to share in the larger group.

#### How often do you open up the training for a new group?

Depending on the year, every 6 months or every 12 months! We respond organically to how applications flow in so don't have a rigid schedule around starting new groups. This means if you want to delay your application, I can't guarantee to you when a future group will begin!

Once started in the training, can I pause it (e.g. in the event of an upcoming birth and post-partum phase) and resume at a later date?

Yes, of course under exceptional circumstances such as a pregnancy you may put your training on pause and start at a later date with a new group.

#### How will I practice doing Womb work as I train?

During the training, you will have regular opportunities to practice the art of facilitating Womb work. This means you are actively working on developing your skills as a facilitator from the outset of the training.

**Year 1:** 1-1 facilitation in pairs on-line during your weekly calls

**Year 2:** group facilitation in-person and online as you offer this work professionally plus 1-1 to clients

# Will I be required to offer this work professionally as part of this training?

Yes, you will be required to professionally offer a 12-13 week trainee Womb Awakening program to a group of minimum 4 participants as part of your training.

#### Can I earn before I am qualified?

The short answer is YES!

However in practice this depends on your current level of experience, intuition and confidence as a practitioner when you begin this training.

If you are an established and experienced practitioner in another modality, you may find it

natural to add the Womb Awakening approaches and practices to your work as you learn, and thereby earn as you train. Some practitioners start offering Womb work in "real time" as they are learning the practices, thereby earning back their training fee from the beginning of the course.

If this is your first professional training in the holistic field, it's likely you wait longer to offer this work professionally and you will be supported to launch this in Year 2 when you will begin to earn money from your group and 1-1 offerings.

#### Is Womb Awakening a viable professional path?

Yes! Womb Awakening is a growing modality and more and more women are becoming aware of the importance of working directly in the Womb space as a way to heal.

There is a growing demand for this work in a group and 1-1 settings and my graduates are enjoying busy practices with group and 1-1 Womb Awakening containers.

## What are some of the ways students have taken this forward into their own businesses?

Here are some graduates of the Womb Awakening school who are using Womb Awakening in their current business:

Kelly Morgan - <a href="https://kellymorgan.tv/">https://kellymorgan.tv/</a>
Marjolein von Ommeren - <a href="https://www.blissfinderz.com/">https://www.blissfinderz.com/</a>
Tina Bozic - <a href="https://www.tinabozic.com/">https://www.tinabozic.com/</a>
Elisa Caltabiano - <a href="https://viviaccesa.it/en/">https://viviaccesa.it/en/</a>

### How can I combine this with my pre-existing holistic work?

You can bring Womb Awakening energy techniques into coaching, psychotherapy sessions or combine it with other energy healing modalities. Womb Awakening also combines very well with bodywork, fertility coaching and holistic approaches, pleasure and tantra work, yoga, trauma release work, energy healing and so many more modalities.

## I'm interested in doing this for my own personal development but I don't want to offer this work to others. Can I join?

This training is for you when you have a **clear intention to work professionally** as a Womb Awakening practitioner. It this does not interest you, it's better you invest your time and money in working privately with a Womb Awakening practitioner or doing a group course / retreat aimed at your personal development.

#### Do you have any more questions that were not addressed here?

Please reach out to us at info@sacredwomancoaching.com and we will get back to you!

### Your important course information pages:

Course information and sales page:

https://www.sacredwomanawakening.com/womb-practitioner-training

#### Course curriculum:

https://013bb850-19fc-49ae-8a66-3e7eefb20583.filesusr.com/ugd/3db024\_417f70de17ca48779dae32498114ab15.pdf

### Application page:

https://www.sacredwomanawakening.com/practitioner-application